

periodontal disease

The silent mouth disease



75% of adults over the age of 35 show signs of periodontal disease



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PERIODONTAL DISEASE FACTS:

- ➔ It is a bacterial infection that affects the gums, ligaments and bone supporting the teeth
- ➔ This bacteria lives in plaque, which hardens over time and causes gum irritation (i.e. gingivitis)
- ➔ Left untreated develops into a bacterial infection which attacks the supporting bone
- ➔ It is called the silent disease because without regular checkups you may never know you have it

THE EFFECTS OF PERIODONTAL DISEASE CANNOT BE REVERSED!

Signs & Symptoms:

- Red, swollen, or tender gums that bleed when brushed or flossed
- Receding gums
- Loose or spaced teeth
- Persistent bad breath
- Pus and sores in the mouth
- Change in the fit of partial dentures
- Change in bite



4 Steps to PREVENT periodontal disease:

- 1 BRUSH
- 2 FLOSS
- 3 Eat a BALANCED DIET
- 4 Get regular ORAL CHECKUPS AND CLEANINGS

Why should you care?

- 🦷 It is the leading cause of tooth loss in adults and initial symptoms can go unnoticed
- 🦷 Bacteria that cause periodontal disease can enter the blood stream; and may be related to other diseases such as heart disease and diabetes



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