

# ORAL HYGIENE CARE PLAN

The care planning tool can be used to outline what is required to ensure that each resident is receiving adequate and appropriate oral care on a daily basis



***This care plan should be reviewed and updated each time the Oral Health Assessment Tool is completed:*** It provides a way for staff to communicate about the oral care of individual residents and can also provide a record of whether or not progress is being made over time.

It is important to fill in the patient’s name, who completed the chart, the date it was completed, and, if they have one, the name and phone number of the resident’s dentist for easy referral. The date of the resident’s last dental appointment and the date for their next oral hygiene assessment and treatment can also be recorded here.



**Assessment of dentures:**

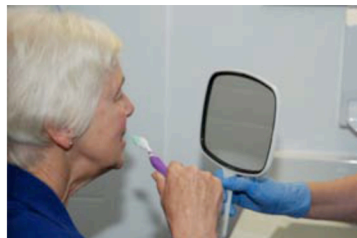
Circle whether the resident has upper or lower dentures or both. Indicate whether they are full or partial dentures. If the resident does not have any dentures, this should also be noted here. Record if the dentures are labeled or not.

**Assessment of natural teeth:**

Here we indicate whether the resident has any natural teeth in either the upper or lower arch. There is also an opportunity to record whether there are “root tips” present in either arch. When the crown of a tooth breaks off at the gum-line, the part of the tooth that remains in the arch is a root or root-tip. These are often stable in older adults and not a cause for concern. However, they can become infected so need to be monitored carefully.

**Level of Assistance:**

Record whether or not the resident is able to look after his or her own teeth or denture care or what level of assistance they may require.



**Interventions for Oral Hygiene Care:**

A variety of common oral hygiene interventions are itemized to cue the care-provider about best approaches for a particular resident. For example, it may be observed that an electronic toothbrush is indicated at least once a day.

**Regular Barriers to Oral Care:**

The itemized list helps to identify behaviors that might be expected of a particular resident such as “won’t open mouth” or “aggressive”. These are noted in order to better prepare the care-provider to deliver oral hygiene care.



**SEE EDUCATIONAL VIDEO #5 FOR MORE INFORMATION ON HOW TO COMPLETE THIS ARE PLAN**